

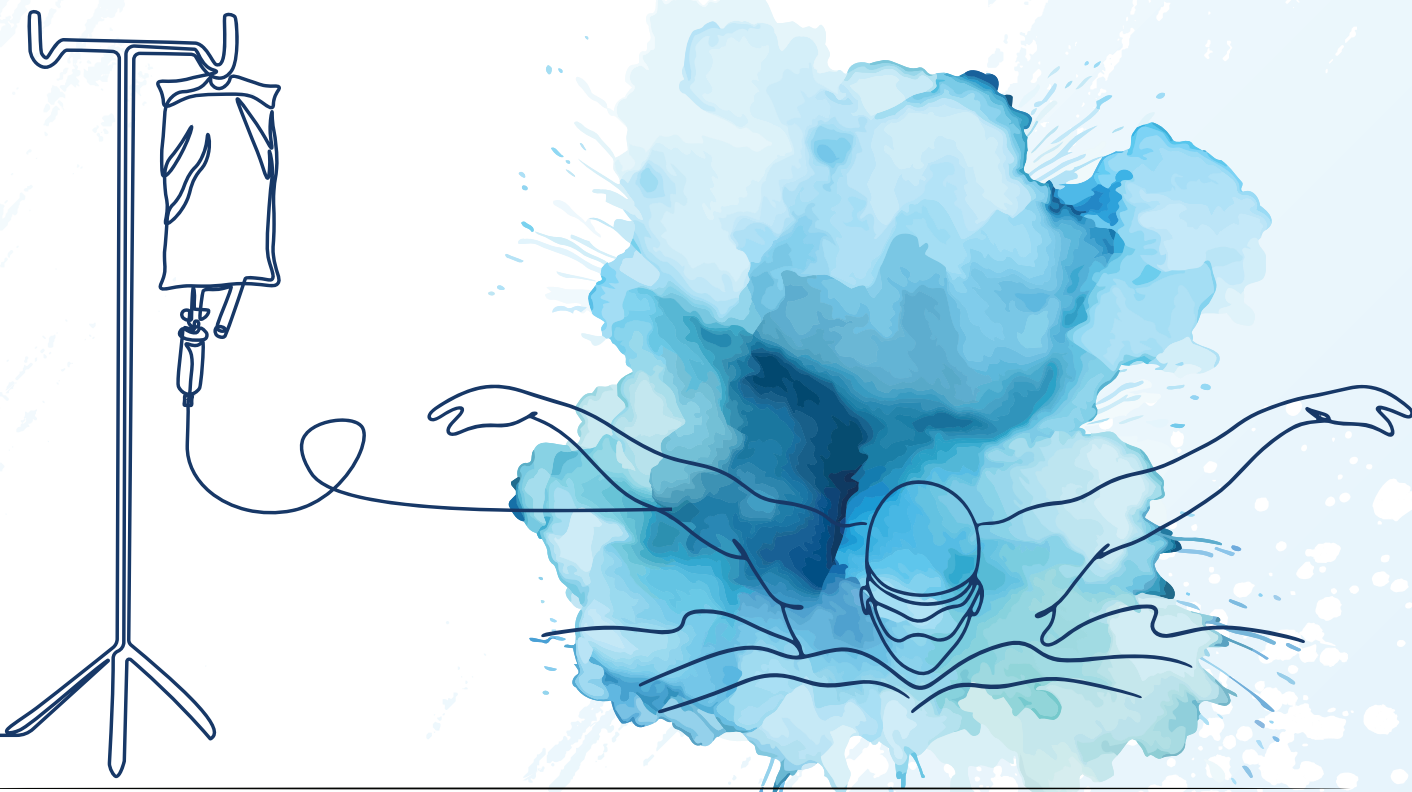
IV Infusions

What are they?

Intravenous (IV) infusions are becoming increasingly available outside of hospitals and are often marketed as wellness and recovery treatments.

However, receiving an IV infusion and/or injection may constitute an anti-doping rule violation (ADRV), even if the substance administered is not prohibited.

Under the [WADA Prohibited List](#), IV infusions and/or injections of more than 100 ml within a twelve (12) hour period are prohibited at all times, unless they are legitimately received during hospital treatments, surgical procedures, or clinical diagnostic investigations.



Protect Yourself

- Consult your doctor before receiving an IV treatment and let them know that you are subject to anti-doping rules.
- Always check whether the treatment is permitted under the WADA Prohibited List.
- If an IV treatment is medically necessary, check whether you need a [Therapeutic Use Exemption \(TUE\)](#) before receiving it.
- Always keep all prescriptions, TUE documentation, and medical records on file.
- Whenever possible, choose oral hydration and nutrition.

