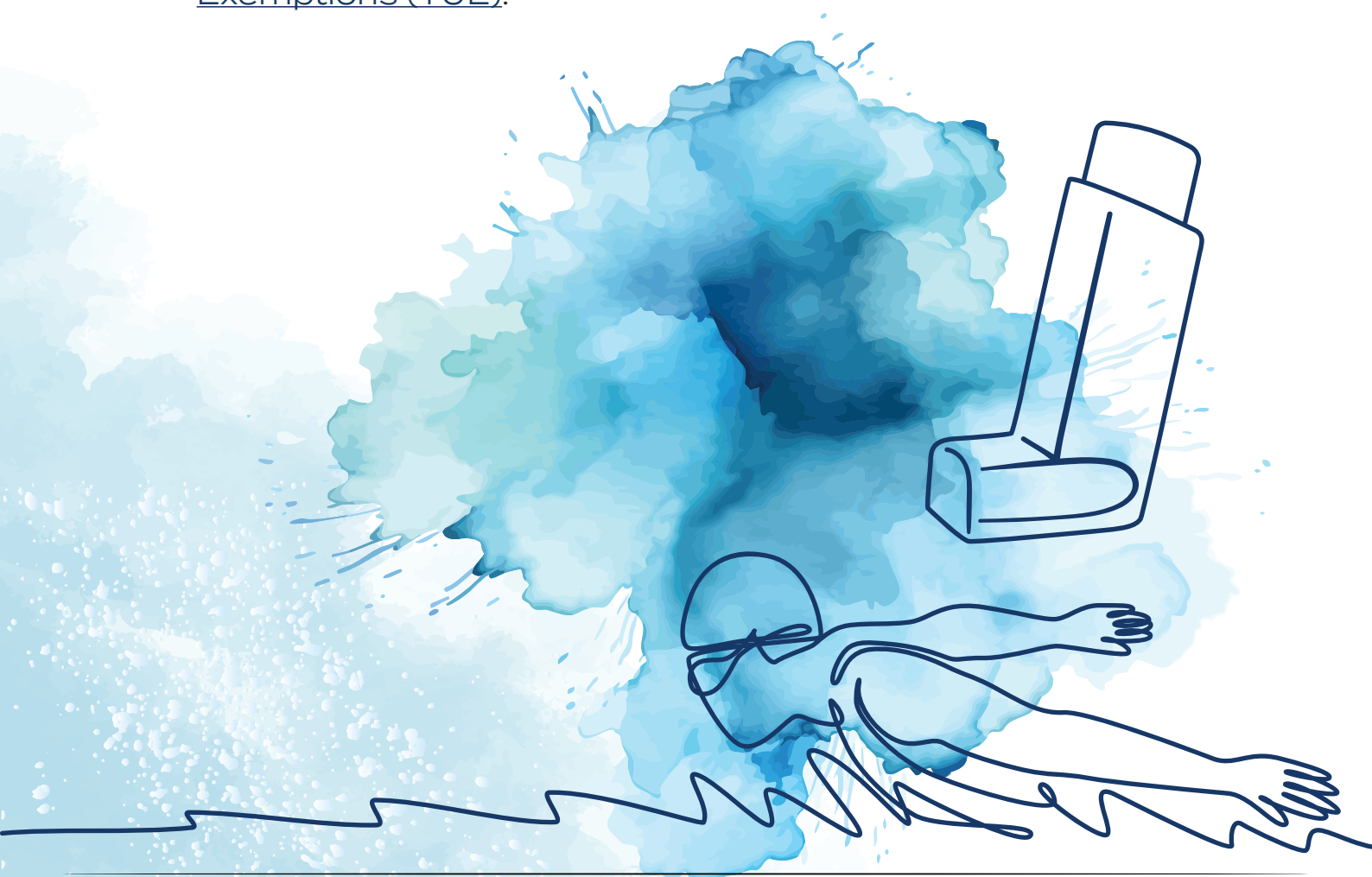


Asthma Medication

Asthma is common among athletes, but not all asthma medications are permitted in sport.

Whether a medication is permitted depends on the substance it contains, the dose used, and the route of administration.

Some asthma medications require a [Therapeutic Use Exemptions \(TUE\)](#).



Protect Yourself

- Always check the [WADA Prohibited List](#) to confirm whether your asthma medication is permitted before using it.
- Never use or share medications with your team members and your support personnel.
- Always use your medication as prescribed. Do not exceed the prescribed dose without medical advice.
- If required, apply for a Therapeutic Use Exemption (TUE) well in advance of competition.
- Always keep all prescriptions, TUE documentation, and medical records on file.

